

## Fitting Instructions

Wash your hands thoroughly with soap and water, or use hand sanitizer, before handling the respirator.



- 1) Remove the respirator from the packaging and hold with head straps facing upward on palm of your hand. Slightly tighten while the top head strap positioned at the back side of your hand.
- 2) Place the formed respirator on your face.
- 3) Pull the top head strap back of your head while keeping the formed respirator on your face. If the model has buckle:  
To increase strap tension- pull evenly on both ends of top /bottom straps.  
To decrease strap tension- without removing respirator, push out on back of buckles.
- 4) Pull the bottom head strap back of your neck while pulling the bottom panel under your chin.
- 5) The respirator should be placed as seen in the figure.
- 6) Place your fingertips from both hands at the top of the nose strip. With using two hands, mould the nose strip to the shape of your nose by pushing inward with your fingertips.

## Fit Check

- Cover the front of the respirator with both hands being careful not to disturb the fit of the respirator.
- Unvalved respirator- Exhale sharply;
- Valved respirator- Inhale sharply,
- If air leaks around the nose, re-adjust the nose clip to eliminate the leakage,
- If air leaks around at the respirator edges, work the straps back along the sides of the head to eliminate leakage.
- If you cannot achieve a proper fit do not enter the hazardous area.